## **MER MENUS 2023** MICHAEL'S C E PRIMARY WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Meatballs with Spaghetti Seasonal Veg	Chicken Korma & Rice	Roast Turkey Yorkshire Puddings with Roast Potatoes	Sausage & Mash	Salmon & Cod Fishcakes & Chips Seasonal veg
KS2	Cheesy Pasta	Panini Various fillings Seasonal Veg	Hot Baguette {Various fillings} Seasonal Veg	Tomato & Basil Pasta with Crusty Bread Seasonal Veg	
Vegetarian Choice	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Muffin & Milk Shake Fresh Fruit or yogurts	Jelly & Sprinkles Fresh Fruit or Yogurts	Flapjack Fresh Fruit or Yogurts	Iced Chocolate Cake & Custard, Fresh Fruit or Yogurts	Melting Moment Fresh Fruit or Yogurts

Week Commencing: 17/4/23, 8/5/23, 5/6/23, 26/6/23, 17/7/23, 18/9/23, 9/10/23

\* Freshly Prepared Homemade Dish 💇 Fresh Fruit available daily – menus subject to availability

\* Vegetable and Fruit in season



## **SUMMER MENU 2023** ST. MICHAEL'S C E PRIMARY WEEK TWO





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Pizza Wrap	Spaghetti Bolognese	Roast Gammon with Yorkshire puddings & Roast Potatoes	Hot Dog in a Bun	Fish Fingers & Chips
KS2	Filled Wraps Various Fillings	Cheesy Pasta Seasonal Veg	Hot Baguette Seasonal Veg	Beef Burger in a Bun Seasonal Veg	
Vegetarian Choice	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie, Fresh Fruit or Yogurt	Strawberry Whip, Fresh Fruit or Yogurt	Vanilla Cookie , Fresh Fruit or Yogurts	Rice Pudding, Fresh Fruit or yogurts	Chocolate Muffin & Fruit Juice, Fresh Fruit or Yogurts

Week Commencing: 24/4/23, 15/5/23, 12/6/23, 3/7/23, 4/9/23, 25/9/23, 16/10/23

Freshly Prepared Homemade Dish 
Fresh Fruit available daily – menus subject to availability



## **SUMMER MENU 2023** ST. MICHAEL'S C E PRIMARY WEEK THREE





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chilli Con Carne & Rice	Chicken Goujons & Wedges	Roast Beef & Roast Potatoes	Beef Lasagne	Pizza & Chips or Cheese & Veg Bake Seasonal Veg
KS2	Cheesy Pasta & Crusty Bread Seasonal Veg	Pizza Wrap & Wedges Seasonal Veg	Hot Baguette Seasonal Veg	Filled Panini {various fillings}	
Vegetarian Choice	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato Various fillings	Baked Potato or Baguette Various fillings	Baked Potato Various fillings
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Jelly & Cream, Fresh Fruit or yogurts	Iced Vanilla Cake, fresh fruit or yogurts	Chocolate Whip , Fresh Fruit or yogurts	Jam & Coconut Sponge, Fresh Fruit or yogurts	Ice Cream Pot or Fresh Fruit or Or Yogurts

Week Commencing : 1/5/23, 22/5/22, 19/6/23, 10/7/23, 11/9/23, 2/10/23, 23/10/23

\* Freshly Prepared Homemade Dish 💇

\* Vegetable and Fruit in season

Fresh Fruit available daily – menus subject to availability

