





WINTER MENUS 2022

ST. MICHAEL'S Primary

WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices KS2	 Pasta Bolognese Or Cheesy Pasta Seasonal Veg	 Chicken Korma & Rice Or Baguette {various fillings} Seasonal Veg	Roast Turkey & Yorkshire Puddings with Roast Potatoes Or Tomato & Basil Pasta Seasonal veg	 Sausage & Mash or Chicken Casserole Seasonal Veg	Fish Fingers with Chips Seasonal Veg
VEGETARIAN CHOICE	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Desserts	 Vanilla Iced Cake, Jelly, Fresh Fruit or Yoghurt	Ginger Sponge & Custard, Jelly, Fresh Fruit or Yoghurt	Chocolate Whip, Jelly, Fresh Fruit or Yoghurt	Apple Crumble with Custard, Jelly, Fresh Fruit or Yoghurt	Blueberry Muffin, Jelly, Fresh Fruit or Yoghurt

Week Commencing: 31/10/22, 21/11/22, 12/12/22, 16/01/23, 06/02/23, 06/03/23, 27/03/23

*** Freshly Prepared Dish**



*** Vegetable and Fruit in season**

Fresh Fruit available daily

WINTER MENU 2022

ST. MICHAEL'S Primary

WEEK TWO



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Fishcake & Wedges Or Pizza Wrap	 Minced & Mash Yorkshire Pudding or Tomato & Basil Pasta With crusty bread	 Roast Beef & Roast Potatoes or Hot baguette & Roast Potatoes	 Meatballs & Spaghetti Or Panini {various fillings}	Pizza & Chips
KS2					
VEGETARIAN CHOICE	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Cake & Custard, Jelly, Fruit & Yogurts	Strawberry Whip, Jelly, Fruit & Yogurts	Flapjack, Jelly, Fruit & Yogurts	Vanilla Steamed Sponge & Custard, Jelly, Fruit & Yogurts	Frozen Fruit Smoothie Jelly, Fruit & Yogurts

Week Commencing:

*  Vegetarian and Fruit in season

Week Commencing: 7/11/22, 28/11/22, 19/12/22, 23/01/23, 13/02/23, 13/03/23,



Fresh Fruit available daily

WINTER MENU 2022

ST. MICHAEL'S Primary

WEEK THREE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chilli Con Carne & Rice	Chicken Goujons & Wedges Or Filled Panini {various fillings}	Roast Gammon & Yorkshire Pudding With Roast Potatoes Or Hot Baguette & Roast Potatoes	Lasagne Or Cheesy Pasta	Beef Burger& Chips
KS2	Or Tomato & Basil Pasta with crusty bread				
	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings	Jacket Potato Various Fillings
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie , Jelly, Fruit & Yogurts	Syrup Sponge & Custard, Jelly, Fruit & Yogurts	Melting Moment, Jelly, Fruit & Yogurts 	Rice Pudding, Jelly, Fruit & Yogurts 	Chocolate Cookie Jelly, Fruit & Yogurts

* Freshly Prepared Homemade Dish



* Vegetable and Fruit in season

Week Commencing: 14/11/22, 05/12/22, 09/01/23, 30/1/23, 27/02/23, 20/03/23

Fresh Fruit available daily